



Request for ADA Accommodations  
Psychiatric Disabilities

**Section 1: To be completed by Student**

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email address: \_\_\_\_\_

Release of information: I grant permission to my healthcare provider (s) to release my education-related records and/or my medical or psychological records to Snead State Community College in connection with my request for accommodations.

\_\_\_\_\_  
Student's Signature Date

**Section 2: To be completed by Professional Diagnostician**

Name of Professional Making Diagnosis (please print): \_\_\_\_\_  
Phone #: \_\_\_\_\_ Date of Assessment: \_\_\_\_\_  
Highest Degree & Area of Specialization: \_\_\_\_\_  
License Number: \_\_\_\_\_ Expiration: \_\_\_\_\_ State: \_\_\_\_\_

\_\_\_\_\_  
Professional Diagnostician Signature Date

**Section 3: Diagnosis**

A SPECIFIC statement that the student is diagnosed with a psychiatric disorder, including the DSM-IV or ICD-10 diagnostic (numerical) code, is required.

DSM-V &/or ICD-10 Code(s) : \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Professional Diagnostician Signature Date

**Section 4:**

Recommended Accommodation(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Rationale for Accommodations (s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Section 7: Supporting Documents - MUST BE NO MORE THAN 1 YEAR OLD**

**A letter on official letterhead, signed by the professional diagnostician has to include the following:**

- History to Support Diagnosis - A description of the duration and severity of the disorder must be included. In addition, relevant medical, familial, and social histories should be included.
  
- Assessment of Psychiatric Disorders - The evaluator should include specific evaluation data to support a diagnosis of a psychiatric disorder. Results of standardized assessments, rating scales, or checklists are important, but need not be the sole criterion for a diagnosis of a psychiatric disorder. A description of current symptoms and current treatments must be included. If the student is taking any medication related to the disability, the evaluator should describe the impact of that medication on the student's ability to participate in an academic environment.
  
- Substantial Limitation to Learning - A psychiatric disability must limit a major life activity, such as learning, sleeping, or working, and there must be a significant limitation relative to what is common to the 'average' person. The evaluator must describe the major life activity affected by the psychiatric disability and describe how the disability presents a substantial limitation to academic performance.