

Snead State College

Lady Parson's Softball



Snead State Elite Hitting Camp

30 December 2017 9-12 AM

Open to all Ages \$50

Camp Details:

Warm-up routine
Hitting Fundamentals
Proper techniques
Station hitting
Swing analysis
Live hitting

Commitment: the enthusiastic devotion to individual preparation and team practices

Relentless execution: all-out effort from start to finish, regardless of score, significance or insignificance of the event.

Self-discipline: the control of emotions, thoughts and focus.

Good Sportsmanship: respect for the opponents as our teams tries to beat their brains out in competition. Showing up an opponent is unacceptable behavior.

Playing the game right: the application of knowledge and respect of and for the nature of competition.

Responsibility: to softball, academics, family, school, community and self.

Courage: aggressive, competitive behavior – always, particularly in



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